

MINUTES

LPC - OASIS

Regular Meeting

Thursday, October 11th, 2018

Oxford Town Hall-7:00pm

Start of LPC: 7:24PM

Committee Members Present: Heather Ferrillo, Laura DeLeo, Vincent Provenzano, Kenn Maher, Susan Schiavi, Fr. John Donnelly

Committee Members Absent: Madalene Taggart, Jerry McGuire

Others Present: Linda Czaplinski (LPC), Jennifer DeWitt (Housatonic Valley Council Against Substance Abuse), Frank Deaferio (Oxford Pharmacy), Carol Siddall (SMART Recovery), Richard Siddall (SMART Recovery), Liz Modugno (Progressive Institute), Greg Gillam (Progressive Institute), Curt Kuliga (Progressive Institute)

Vinny introduced Curt Kuliga from the Progressive Institute, he and his colleague's, Liz Modugno and Greg Gillam explained some of what the Progressive Institute is about. They educate on "Mental Fitness". They talk to 8th grade students about coping with depression and anxiety and stress not to turn to addiction.

Liz Modugno is a licensed clinical addiction counselor and keys on "raising resilient children" the "power of vulnerability" and "Building Resilience in our youth".

Vinny will find out when the "Progressive Institute" is having an event and Sue Schiavi will go and feels others from the committee should go.

- **RBHAO Update & MHFA Training - Jen:**

Jen gave update. She specified that data collection is very important.

- **Behavioral Health Meeting – Vinny & Heather:**

Vinny and Heather spoke on what was discussed at the Behavioral Health Meeting.

- **Upcoming Programs - CRAFT, Yoga & Mindfulness:**

- **Faith Based Program – Father John & Linda Czaplinski:**

Linda designed and runs a faith-based program she would like the LPC/OASIS Committee to back her and have her run her program for them/through them.

Linda & Fr. John are requesting money for advertising of the program. Vinny Provenzano spoke about giving them \$150 for

helping with advertising of this program, the rest of the group agreed.

- **Update on funds from last year:**
Sue spoke on what funds were used on throughout the year.
- **Discuss possible plans for upcoming year's funds:**
Run a showing of "Screenagers". Get speaker, Andrew McKenna, do a better job of getting the word out about events we have.
Jenn DeWitt said start 2019 with a vision and a mission... "identify your mission and goals. What do you want to look like 5 years from now?"
- **Adjourn – Return to Oasis: 9:18**

Respectfully Submitted,



Dawn Passerine

OASIS Clerk

18 NOV -5 PM 6:42
TOWN OF DANBURY, CT
JENNIFER A. WELSH
TOWN CLERK