Minutes

Oxford Addictive Substances Information Services

Regular Meeting

Thursday, December 13, 2018

Oxford Town Hall 7:00pm

Call to Order: 7:01pm - Quorum Established (7 of 8)

<u>Committee Members Present</u>: Madalene Taggart, Kenn Maher, Father John Donnelly, Vincent Provenzano, Susan Schlavi, Jerry McGuire, Heather Ferrillo,

Committee Members Absent: Laura Denslow

Others Present: Robin Lucas, Jennifer DeWitt, Jennifer Dillion, Rev. Niki Harvell, Diane Soracco, Lizete Dos Santos, Robin Lucas, Stephen Brown

Pledge of Allegiance

- Approval of Minutes: With change on page 2 "most common way" changed to "a common way" Madalene Taggart made motion to approve the minutes with change. Vincent Provenzano seconded the motion. The motion carried.7:05pm"
 - Motion made by Madalene Taggart
 - Seconded by Vincent Provenzano
 - Abstain: Kenn Maher
 - o Nay: None
 - Aye: Madalene Taggart, Father John Donnelly, Vincent Provenzano, Susan Schlavi, Jerry McGuire, Heather Ferrillo, Laura Denslo

Introductions

- Jennifer Dillon Americorp volunteer working under Prevention Corp Program for opioid and substance abuse prevention
- Motion to recess to the LPC
 - Motion made by Kenn Maher
 - Seconded by Jerry McGuire
 - Passed unanimously

Recess for LPC Meeting 7:09pm

LPC Notes

1. Program Reviews

Yoga & Mindfulness

 Was rescheduled, low attendance. Leadership was not engaging of the participants in the way the committee anticipated/hoped for.

T Faith-based

 18 people in attendance. Led by Linda. Positive outcome with positive feedback from attendees.

Jen Kozek

 25 in attendance. Feedback was that the program was engaging and immediately relevant to the participants. Future need is to have a more specific topic that goes into greater detail.

Marcan Training

12 in attendance. Feedback was positive. 3 kits were given to congregations to have on site.

2. Parent Survey

- Need to get the survey out to parents of middle school and high school. Heather has done the google form that can be sent out as a link and filled in anonymously.
- To use survey monkey, there would be a cost since it is over 30 people. \$384 for the year. We can use LPC funds for data collection.
- Would like to have the survey sent out ASAP.
- Diane will forward the survey to Annie and discern the best way to get the link out to the parents, aim to have a plan to move forward early next week (December 18th)

3. RBHAO Updates - Jennifer Dewitt

- For being a new committee in our first year, we are doing well and have accomplished a lot!
- ☑ January 2018 Opioid Crisis steering committee met with town
- February 15 First meeting
- April HEAT event
- May Narcan Training at High School
- June Yoga & Mindfulness in schools proposed and opioid crisis updates to ambulance association
- ☑ July Summer meetings (many LPC do not meet in the summer or do events)

- September/October Mental Health First Aid Training
- October/November CRAFT program and meeting with Grace Olbrys
- November Board of Education presentation & Introductions
- November Yoga and Mindfulness program
- Received mini grant and discussed allocation of funds
- December Faith-based Program, Narcan Training, Nurturing Children's Mental Health

4. Mission & Vision

- Needs of our community are unique, especially as a smaller community. There are additional factors that need to be addressed.
- Current draft of the statements are as follows:
 - a. Vision "The vision of OASIS is to make the Oxford Community a safe and nurturing environment in which every child, young person, and adult can reach their full potential."
 - b. Mission "The mission of OASIS is to address current issues that impact self-image, potential, quality of life, and other public health concerns through partnership, prevention, education (preparation), and encouragement (promotion). OASIS serves the entire community with a focus on young people as a support network and resource in support of healthy behaviors."
- Discussion concluded that the Mission & Vision would be for OASIS LPC and not the OASIS town committee
- Steve suggested to change from "address" to "foster". Vinny will re-work the draft mission statement to reflect this vocabulary change.

5. Grant Money/Finances

Program Ideas

- Deterra Medication Disposal System. Bags that allow you to dispose of medicines in the bag which will render the medications inside as ineffective. Suggested to connect with Frank to see about bulk orders. (Online they are about \$5 per bag)
- Medication lock boxes with our name and logo on them to be given out at the senior center
- Must be used on the deliverables given in the application
- Vinny suggested a website creation and management, a mass mailing to residents that introduces OASIS and some programs
- Speakers Anne Fletcher is not available, Dr. Pantalon as speaker is still an option to put together a panel and speaker series addressing the issues brought up during HEAT event. (could come out of the Opioid Mini Grant)
- Steve suggested using the opportunity to speak to parents and residents at events such as school plays, concerts and other events. There are usually 5-10 per year.

- Concerns/Topics that need to be addressed: Bullying, vaping, social media and internet safety
- Any events that are to be done in the school district need the superintendent signature for the application
- Community of Concern Drives helps to get information to all parents/residents. It is a booklet that covers age-appropriate discussion points, laws, signs and symptoms. Customizable with local resources, logos, school policies etc. About \$1.85 per book if you purchase 1,000.

Grant Use (\$3907.40)

- \$500 Parents Who Host Campaign (May 2019) talks about access, availability, and education around laws especially for adults who are hosting parties and other events where underage drinking may be involved. Would need estimated demographics of who is going to be served. Yard signs and table tents are available for purchase.
- \$2500 for programs that address vaping (Robert Hackenson as presenter) in April 2019
 - a. \$1000 to Middle School students, as assembly,
 - b. \$1000 to High School students, as assembly
 - c. \$500 to parents, as an evening presentation
 - d. If money is not all used on these presentations, and e-mail will need to be sent to Allison to request a reallocation of funds
- \$384 Fee for Survey Monkey for the purposes of data collection
- \$523.40 Community of Concern Books (order 1,000 at \$1.85 each) The remainder of funds will come from the mini grant

6. Miscellaneous

- Student numbers by school: Quaker Farms 364, Center School 386, Great Oak 469, High School 552
- LPC would like to recommend that Steve be added to the OASIS town committee

LPC Adjourned 8:41pm

Reconvene OASIS at 8:41pm

PHD/Americorp Member Update

- Social Media account of potential candidate was of concern and a change was requested for the person coming through the prevention corp. There is no time to onboard another person and so PHD will be without an Americorp/Prevention Corp member to work with this year.
- Public Health small grant for a Resource day event. Keynote speaker (Copper Beach, Brandon Nappe) Most likely will be in Southbury. Asking for help with promotion. Can include some OASIS logo. At some point in spring 2019
- ROAR Regional Opiod Awareness and Response "It's time to get loud" March 20th

Police Update

No police representative to offer official report.

Other Items - Open Discussion

No other items to discuss.

Motion to Adjourn

- Motion made by Kenn Maher
- Seconded by Vinny Provenzano
- ▼ Passed Unanimously

Meeting adjourned at 8:53 pm

Next Meeting January 10th at 7:00pm

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