Oxford Senior Center

10 Old Church Road, Oxford, CT 06478
(203) 881-5231 • Reception / Reservations – Ext. 100
On the Internet: **www.oxford-ct.gov**
Hours: 9:00AM - 5:00 PM Monday – Friday

~ February 2014 ~

THE CENTER WILL BE CLOSED FEBRUARY 17TH FOR PRESIDENT'S DAY

Newsletters are available online at www.oxford-ct.gov. At the top of the page click on Town Government, then Other Departments. Scroll down through the list of departments to the Senior Center. Click on Senior Center and it will open the page where newsletters and other center information are listed.

Winter Storm Closings Notice

On days of inclement weather, if the Oxford Schools are closed due to weather, there will be NO transportation and NO classes. The Senior Center will remain open as long as Town Hall is open, but in the event that Town Hall is closed the Center will also be closed. *Watch WFSB, Channel 3, Eyewitness News for the latest updates.*

Live, Laugh and Love
Our Valentine's Day celebration!

Thursday, February 13th @12:00

"Life is just a bowl of cherries, so live and laugh, and laugh at love, love a laugh, laugh and love." – Bob Fosse
Come on down to hear Bob Lupi and Julio perform and eat a lunch catered by Stacey Ferenze of Savour Catering. Menu: cup of tomato bisque with heart-shaped crouton, hearts of romaine, artichoke hearts & hearts of palm w/ citrus vinaigrette & shaved parmesan, chicken tarragon w/ garlic roasted tomato chutney, pearl cous cous w/ sweet roasted red pepper & shaved asparagus, and assortment of rolls with sweet butter. Dessert will be red velvet cupcake w/ orange cream cheese frosting & chocolate dipped strawberry. Cost: $10.00 pp

St. Patrick's Day Celebration with Pierce Campbell

Thursday, March 7th @ 12:00

Robert Kolacowski of Millies II will be cooking for us this year. He will offer a traditional Irish fare with corned beef, cabbage, potatoes, carrots, rye bread and dessert.
Pierce Campbell, CT State Toubadour 2007-2008 will entertain us with his great voice singing all our favorite Irish ballads and ditties. Everyone is Irish on this day! Cost: $10.00 pp Sign up now.

"All the President's Ladies" and their famous husbands.

Presented by Charlie Rippel
Thursday, February 27th @ 1:00

Join us for a very interesting program on the lives and events of Mary Todd Lincoln, Julia Dent Grant and Varina Howell Davis. All were significant in the success of their President husbands. Materials will be displayed for viewing and Charlie will share his knowledge with us. • Sign up please.

AARP TAX PREPERATION

AARP TAX Preparation

Schedule: Every Wednesday, February 12th - April 9th. 9:30 – 11:30.

You must make an appointment by calling the senior center. Remember only simple returns are appropriate.

Please bring the following with you when you come:

- Copy of last year's income tax return
- Social Security cards or other official documentation for yourself & dependents
- W-2 forms from each employer & W-2G Certain Gambling Winnings forms
- Unemployment compensation statements
- SSA-1099 form if you were paid Social Security benefits.
- All 1099 forms reporting interest (1099-INT), dividends (1099-DIV), proceeds from sales (1099-B) as well as dates and purchase price (cost basis of sold assets)
- 1099-R forms reporting pension & annuity income and IRA distributions.
- 1099 – Misc. form reporting any miscellaneous income.
- If married, both husband & wife should be present
- Proof of identity (picture or other documentation)
- Social security number (SS care or benefit statement form SSA-1099)
- Personal check, if Direct Deposit refund, with bank checking account & routing number.

2014 MEMBERSHIP DUES

Renew now so you don't miss a copy of our newsletter!

$3.00 Oxford Resident, $5.00 Surrounding towns of Beacon Falls, Middlebury, Naugatuck, Seymour & Southbury; $7.00 All other towns/cities.

Membership is FREE for Gold Member, however, in order to continue your membership you must notify the office and verify your address each year and update emergency contact. Who is a Gold Member? Oxford residents age 80 and over. If your 80th birthday is in 2014, you are GOLD! Also included are seniors from other towns who were Gold Members in 2006.

SAVE THE DATE IN MARCH

Medicare Presentation

Thursday, March 6th @ 10:30

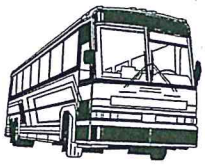
Jim Dunn, a representative from the Western Area on Aging Agency will be at the Center to answer questions and pass along information on Medicare. Come in and take this opportunity to clear up any confusion, questions or concerns you have regarding Medicare benefits.

Derby Melodeers

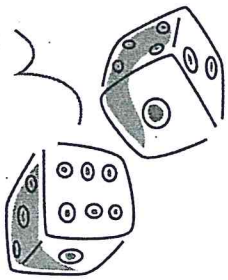
Thursday, March 27th @ 1:00

Always great fun so mark your calendar!

Did you know that G.I. Joe was introduced to us on February1,1964. This is his 50th Anniversary!



(Motor Coach Trips)



Westchester Broadway Theatre
"RAGTIME" The Musical

Thursday, March 20th
Price includes transportation, lunch, show, tax & gratuity.
Cost: $83.00 pp Depart: 9:00 Return approx.: 5:00
SIGN UP NOW!

Foxwoods Casino

Tuesday, February 25th
Includes $10.00 Food Voucher or Free Buffet and $15.00 Free Bets
Cost: $22.00 pp Sign up now!
Depart: 8:00 am Return: 6:00 pm

Connecticut Flower & Garden Show

Thursday, February 20th
Theme is "Backyard Paradise" at the CT Convention Center
Price includes transportation, admission & driver's gratuity
Depart Center: 8:30 am Return approx.: 5:30 pm
Cost: $35.00 pp

Pennsylvania Dutch Country – Sight & Sound Theatre
"MOSES" at the Millennium Theatre - Two Trips!

May 19 – 20, 2014 and June 2 -3, 2014 (Wait List Only)
First Day: Our first stop will be in the "Christmas City" of Bethlehem, PA to visit the Sands Casino (all will be given a $30 bonus to try their luck). Then on to Hershey Farms Inn in Strasburg, PA for a sit-down dinner at the Inn followed by the Lancaster County Comedy Show.
Second Day: Breakfast at the Inn then to the Theatre to see MOSES. After the show a stop at the Kitchen Kettle gift shops, the Intercourse Cannery and the Amish Quilt Shop. We will stop for dinner (on own) at the Shady Maple smorgasbord before returning home.
Departing Oxford Senior Center: 7:00 am
Cost: $265.00 pp based on double occupancy; $320 pp single rate; $250 pp triple rate.

(Senior Center Bus Trips)

Please read the following and hopefully, it will clear up any confusion regarding Senior Center Bus trips:

- ***Members can sign up themselves and one other member only.***
- ***Sign up can be made by phone or in person on the sign up date and thereafter until the bus is full.***
- ***You have 5 business days to make payment for trip.***
- ***Payment will NOT be accepted PRIOR to the sign up date.***
- ***Please call the center if you have any questions.***

Please take a moment and read these "FRIENDLY REMINDERS "

Parking when on trips: Please do not park in the handicapped spaces. The front spaces should be left open for people coming to the center throughout the day, so please park to the side of the center.

Payments for in-house events are due at the time of sign up. Your payment and reservation can be made in person or by mailing in your check with a note indicating what you are signing up for. A receipt will be made out and held for you at the center. In order to participate in any of our activities at the center, you must be a member.

Stop by the senior center to see if an event or program has been added since our newsletter was printed. Sometimes we have an opportunity to present a program that cannot be confirmed before our newsletter goes to print. Take a look at the bulletin board and sign up at the front desk!

AT THE CENTER

REIKI by Augusta Ozdemirer

Reiki therapy is an ancient spiritual healing method. Augusta will come to the center but please call the center to make an appointment. Cost: $40.00 per session 45 – 60 min.

Left, Center, Right Game

Monday, February 3rd @ 11:00

Blood Pressure Check

Tuesday, February 4th & 18th, between 1:00 - 2:00 pm Sponsored by Pomperaug District Dept. of Health It's always a good idea to have your blood pressure monitored and ask questions.

Senior Community Café (TEAM Lunches)

Tuesday @ 12:00, February 4th & 18th
Final count is called in the day before.
Call the center for menu.
Donation: $3.00 Sign up is necessary.
Menus posted at Center.

Craft with Eve

Thursday, February 6th @ 1:00
This will be a surprise Valentine craft. Look for a sample at the front desk as soon as Eve unveils it!

Book Club

Monday, February 10th @ 11:00
Informal group discussion led by Mary Kennedy. All are welcome.

Monthly Membership Birthday Social

Monday, February 10th @ 1:00
Come and share some birthday cake with fellow members and get the latest updates on senior center news. Members who have a birthday during this month and attend the social have a chance to win $10.00!

Yale Peabody Museum Presentation

Tuesday, February 11th @ 11:30
Tom Owsiany, chairman of the Yale Peabody Museum of Natural History, outreach committee will be at the center with some very interesting artifacts and information. This is a unique opportunity to have the museum come to us! Sign up now.

Prayer and Share

Wednesday, February 12th @ 1:00 – 2:00
John 4:21 "Anyone who says, "I love God" and hates his brother is a liar", who is your brother? All are welcome to share their thoughts in this uplifting and open discussion group. We meet in Reading Room.

Red Cross Blood Drive

Saturday, February 15th, 8:00 – 1:00
Appointments must be made with the Red Cross.
Call 1-800-RED CROSS, or go to redcrossblood.org.

Probate Judge Calabrese

Tuesday, February 18th @ 1:00
Judge Calabrese will discuss Decedent's Estates in CT. and the circumstances of filing documents in probate court. How to avoid penalties and what would bring you to the court? When and why would you need to go to court? Important information!

Bingo

Wednesday, February 19th @ **12:30 – 3:30**
Cost: $2.00

Costco Reception

Thursday, February 20th @ 11:00 – 1:00
A representative from Costco will be here to renew memberships. Receive a $20.00 Costco Cash Card when you join as a new Executive Member, OR receive a $10.00 Costco Cash Card when you join as a new Gold Star Member.

Apples-to-Apples Game

Monday, February 24th @ 11:00
Exercise for your brain! Prize for the winner!

Positive Thinking

Enrich your life through positive thinking!
Monday, February 24th @ 1:00
Bob Taylor will facilitate an interactive workshop on positive thinking and how it can be used to enrich your daily life. Topics of discussion will include: positive thinking – the mind connection, the circles of concern and influence – you are what you think - make time for you and live "In the Now".
Don't miss this opportunity, register now.

Free Hearing Screening
Provided by Hearing Aid Specialists of CT

Tuesday, February 25th @ 9:30 – 11:30
Hearing Aid Specialist of CT will have someone at the center to examine your ear for wax, screen your hearing and explain the results. This is a great opportunity whether you think you have a hearing loss or would just like to have a baseline screening for your records. Questions are welcome. You must make an appointment by calling the center.

Lunch and Movie

Tuesday, February 25th @ 12:00
Lunch: Italian combo grinders from Southbury Deli
Cost: $4.00

Movie: **The Butler** starring Forest Whitaker, Oprah Winfrey and John Cusack
As Cecil Gaines serves eight presidents during his tenure as a butler at the White House, the civil rights movement, Vietnam, and other major events affect this man's life, family, and American society. Rated PG13.

JOAN'S LUNCH

Wednesday, February 26th @ 12:30
Menu: Burgundy Beef Stew over noodles, with salad, homemade bread, and one of Joan's delicious desserts.
Cost: $6.00 Sign up begins February 10th.

Poetry Corner

Wednesday, February 26th @ 2:00
If you are interested in reading, writing, listening or sharing your favorite poems with others please join us for this informal gathering. This is a great activity to expand your mind!

Light lunch

Friday, February 28th @ 12:00
Grilled cheese and tomato soup. • $1.50 pp

Please make sure you let the receptionist know when signing up for a program IF you need to be picked up at your home.

REGULAR WEEKLY EVENTS

Pocket Billiards
Monday – Friday

Mahjongg
Monday @ 12:30

Wii Game
Thursday @ 1:30
Wii is always available to any members as long as the main room is available.

Walking Group
Monday, Tuesday @ 10:30, Friday @ 9:30

Continental Breakfast
Wednesday @ 9:30

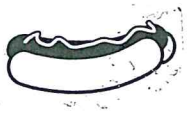
Poker
Monday and Friday @ 1:00
(If we are closed on Monday, poker will be played on Tuesday)

Quilting
Wednesday @ 9:30

Craft Group
Thursday @ 9:30

Municipal Agent
Thursday @ 10:30

Hot Dog Lunch
Thursday 12:00 – 1:00
Cost: $1.50 (No hot dogs Feb. 13th)



STRONG BODY, STRONG MIND

SENIOR ZUMBA

Friday @10:00 – 11:00 Instructor: Gabriella Takacs-Fabry
This class is especially designed for older adults. No experience needed, just your love of music to motivate and move. Low impact, easy-to-follow fitness. Give it a try! $2.00 per class.

Flex, Fit & Fun

Wednesday @ 10:30 – 11:15 Instructor: Pat Babbage
This is a conditioning class using weights, bands, and balls to strengthen and stretch the entire body from head to toes and fingers. Work at your own level and modifications will be given. Please bring your own weights if possible, our supply is limited. No floor work. Join us for some fun and work towards increasing your bone density, strengthening the muscles around arthritic joints, increase circulation, and improve your overall endurance.

RESTORATIVE YOGA

Monday 9:20 – 10:20 Instructor, Karin Terebessy - Yoga Alliance Certified
No prior yoga experience necessary. A great way to start your day!
$15.00 for 4 class session ($3.75/class) or $5.00 per class drop in cost

TAI CHI

Tuesday, 9:15 to 10:15 Instructor: Stephen Kurimai
These classes encourage balance, subtle flexibility and body-awareness in more active walking and standing movements sets. • $15.00 for 8 class session or $3.00 per class drop in cost

PASTEL PAINTING

(Beginners to Advance)
Tuesday, 1:30 – 3:00 Instructor: Eilene Smith
This class is a perfect way to start a hobby you will come to love, create a lasting heirloom or just relax. The instructor loves to share her talent! $50.00 for 6 class session or $10.00 per class drop in cost. Sign up anytime.

~ WHO'S WHO ~

Patricia Babbage Director Senior Services – ext. 103
Heather Haney Assistant Director – ext. 104
Joanne Jelenik Municipal Agent – ext. 105
203-888-2090 (home)
Walt Gadsky Chairman - Elderly Commission

Drivers – Ext. 101
Dianna O'Connor, Michael Alberti, Carmine Onofrio, Rosalie Hullette, Starr Jasne.

~ MONTHLY MEETINGS ~

Monthly Membership Birthday Social – **Feb. 10th @ 1:00**
If a scheduled Monday meeting falls on a holiday, it will be held the following week.
Elderly Commission –Meetings are held on the 2nd Tuesday of the month @ 9:30 am at the Senior Center

~ TRANSPORTATION ~

(Senior Center - 881-5231 – Ext. 101)

For Oxford residents (Seniors & Disabled) only. We will do our best to accommodate you, but time, destination and vehicle availability may affect our ability to meet your needs.

Medical Appointments: Call Betty Jacobs (Community Carpool) at 888-9674. If the community car is not available, call the Senior Center.

Miscellaneous Appointments: Please call the Center at least 2 business days in advance.
Grocery Shopping-Tuesday –Shoprite in Southbury. Please be considerate of our drivers and *limit your purchases to five bags total.* Please call at least 2 business days in advance to schedule a ride for shopping.

~ SUNSHINE UPDATES ~

If you want someone to be remembered, please call Ellie Hoffman at the center and she will send a card from the Oxford Seniors. Please keep the following people in your thoughts: Sylvia Adams, Kathryn Duszak, William Carnes, Mary Galt, Rosemarie Greco, Ginny Kenney, Grace Whittle, Pat Ploch, Mary Atwater, Shirley Green, Dave Martin, Maurice Gerb, Dorothy Roggenback, Shirley Petrillo, Jean Ladyko, Jean DuPaul, Dee Voccola, Jeannette Laird, Connie Koskelowski, Joan Weed, Martha Makl, Rose Lemond, Dottie Campanelli, Maryann Shail.

Join us for the monthly Membership Meeting / Birthday Social and you could win a gift!
You must be a member and attend the meeting to be eligible.
January Winner: Catherine Cervera

FEBRUARY BIRTHDAYS

John Shail	1
Dorothy Stockman	1
John Ploski	2
Shirley Tucker	2
Jerry Turecek	2
Henry Ward	2
Anne Barton	3
Charles Rippel	3
Walter Gadsky	4
Helen Jurgens	4
Violet Vakousky	4
Jim Breda	6
Fred Reichert	7
Richard Gramigna	8
Carl Krushinski	9
Joseph Scavone	10
Carolyn Walker	26
Gail Zullo	26
Anna Allen	28
Robert DiMantova	28
Maria Silva	11
John Turley	12
Elvira Noll	13
Marty Bryant	14
Edward Gawitt	14
Joseph Hanggi	15
Robert Lupi	15
Richard Malinauskas	15
Ellen Preneta	15
Fran Bruce	16
Walter Jamroz	16
Lorraine Kingston	16
Hank Rotzal	16
Janet Kopec	17
Lucy Birdsell	18
Helen Tucker	18
Kathleen Silk	19
Jean Jelenik	20
Robert Ives	21
George DePalma	22
Virginia Rossi	22
Laura Maksymiw	23
Salvatore Persico	23
Linda Traver	24
Dave Martin	25
Barbara Fogarty	26
Marie Freeman	26

Join us for
the monthly Membership
Meeting / Birthday Social
and you could
win a gift!

You must be a member
and attend the meeting
to be eligible.