# MINUTES OASIS

# Regular Meeting Thursday, January 9th, 2020 7:00 PM Town Hall

Call to Order: 7:07pm

Pledge of Allegiance & Roll Call

OASIS members present: Vincent Provenzano, Heather Fernilo,

Laura DeLeo, Stephen Brown,

OASIS members absent: Diane Soracco, Madalene Taggart,

Sheniequa Brown

Others in Attendance/LPC: Rev. Niki Harvell, Lisa Trupp (Pomperaug Health District), Stephanie Miller, Heather Haney, Kathy Hanley, Sgt. Rob Boroski, Joseph Galla Jr., L. Rodriguez (Voices)

**Quorum** established 4 out of 7 members present **Acceptance of Minutes:** Minutes were reviewed, no changes made.

- Motion to accept the minutes of the December 2019 meeting: Heather F.
- Second: Vinny P.
- Vote: 2 in favor, 2 abstained
- Motion Carries

### **Recess to LPC**

Motion to recess: Laura DeLeo

• Second: Stephen Brown

Vote: unanimousMotion Carries

#### Introductions/Around the Room

1. Kathy Hanley – representative of Western CT Coalition providing updates. Office in Waterbury, as well as in Danbury and Torrington. Here to help with structure, organization and to provide updates and resources from the LPC groups in other towns. Resources include groups of social workers and school professionals, work with youth organizations and available to help with youth programming, new region 5 Regional Suicide Advisory Board including mental/behavioral health component in addition to the substance abuse disorder work.

- a. Strategic Prevention Framework includes community assessments, focus groups, environmental scans, data collections etc. to find out what is going on in the community and help us to discern the major concerns within Oxford. This is to help us ensure that we move from a grassroots level to put comprehensive strategies in place to address the issues and make change accessible.
- 2. Lisa Trupp (Pomperaug Health Department) together with two other departments to put together a vetted resource pamphlet to be given by professionals to families on the site of an overdose. This is being done with the organization Catch A Fire to create the brochure
- 3. Sgt. Rob Boroski D.A.R.E. materials are in and they are aiming to start with teaching the 6th grade students. They continue to work with the school on this initiative. This used to be done in 5th grade, it has changed because of the way Oxford schools are set up in allowing students to have information their first year of entering middle school. Members encouraged them to consider going to 5th because of class/teacher structure and access. This will be an ongoing discussion with the Board of Education involved in the planning as well.
- 4. Americorp Update we will be receiving funds for the Prevention Corp volunteer that did not get assigned.
- 5. Grant Updates: Status of Current Vaping Mini Grant Application
  - a. Some ideas were discussed about ways this funding could be sent. Including monthly parent focused meetings, Hidden in Plain Sight, creating district wide campaigns, host regular support meetings for families and loved ones, engage/have presence with PTO groups, do a social media survey to understand the issues
- 6. Juvenile Review Board Possibility There is one in Danbury. Kathy will find out more information about surrounding towns for next meeting. OASIS members around the table were generally supportive of continuing to learn more and understand the potential outcomes and possibilities with it.
  - a. It would be an alternative to serving a court appearance (but can also then continue to court dates)
  - b. Sgt. Boroski stated that courts tend to be supportive and pushing for a Juvenile Review Board, especially

for minor infractions etc.

- 7. Future Projects and plans for 2020
  - a. Presentations that are labeled specifically for drugs and substances are less likely to attract parents. We might consider a focus on school and/or internet safety.
  - b. To have Chris Hansen come would be very expensive, and unavailable until 2021, but another alternative (proposed by Vinny) would be to have Stephen Hill as a speaker. He does a youth and parent program that talks about his own journey through sobriety. Goal is to create a dialogue between students-teachers-parents. Vinny will continue the discussion with Board of Ed.
  - c. HIPS will be available to set up a room at "meet the teacher" night and will be coordinating dates soon. OASIS has committed to having 2 of those events. OASIS will provide a pamphlet of information that will include information on how to talk to your children about this. Kathy suggested the resource from SAMSA "Talk, They Hear You", and including information about the age of onset.
  - d. Would like to have a table/banner/ set up ready to go to allow us to have a better presence in the community.
- 8. Report on meeting with school administrators Trumbull has a mandatory event for substances: held in between sports seasons, have presentations from medical/legal/parent/student speakers, if students do not attend with a parent they are required to write an essay. They also do a student survey that showed 9<sup>th</sup> grade as a big jump and 11<sup>th</sup> grade as well for use.
  - a. We need to continue collecting more data which is what will drive our programs
  - b. Passive consent can be used which would invite parents to select to "opt-out" for their child.
  - c. We have completed one survey. Kathy will send another survey option based on asset and behavior categories. It is mobile compatible and anonymous, and takes 30-45 minutes to complete
  - d. Trumbull also has a tip line that is anonymous directly to the police, especially for parents who host parties with/for their children and paying for extra patrols. A mailing was sent to families of 11<sup>th</sup> and 12<sup>th</sup> grade with information of hosting parties with alcohol and substances. Kathy added that Fairfield does a postcard campaign each year with one side of information for

students and the other side for parents)

- 9. Update from Heather (liason to selectman's office and connection to seniors)
  - a. Program from Pomperaug Health District available for senior center Lisa will follow up
  - b. We would like to purchase the DeTerra bags for help in disposing prescriptions in the home safely.
- 10. Other We will need to replace drug testing kits as our supply is running low/ expired. A meeting will be set up to connect with the Boys & Girls Club. There is a \$5,000 mini grant opportunity again from Pomperaug Health District. Vinny will follow up/research further. Next meeting add Narcan Trainings to the calendar.

## Adjourn - return to OASIS

Motion to Adjourn

• Motion: Vinny P.

• Second: Laura D.

• Vote: unanimous

Motion Carries

# 8:16pm Meeting Adjourned

Other Items — Our policy is that if other items need to be discussed for more than 5 minutes they will be put on the agenda for our next meeting

Side Slee

