

Oxford Senior Center

10 Old Church Road, Oxford, CT 06478 (203) 881-5231

Open Monday – Thursday 9:00-5:00 Friday 8:00 - 4:00

The Oxford Senior Center; Your Place to Connect with Others!

In order to participate in any of center activities, you must be a current OSC member.

Newsletters are available online at www.oxford-ct.gov

J U N E 2 0 2 3

Happy Spring everyone! As this rainy spring gives way to warmer weather, we continue to offer all sorts of ways to keep our senior community entertained, healthy, well fed and socially satisfied! It is our goal here at the Oxford Senior Center to create a welcoming inclusive environment for seniors to live a rewarding and happy life among friends. Please join us! You never know who may be very glad that you showed up today!

CAPTAINS COVE SEAPORT

Wednesday, June 21st 11-3:30



What better way to spend the 1st day of Summer?

Join us as we head seaside for some seafood, sun, salty air and shopping!

Meet at center to take bus at 11:00 to this close by retreat to the sea!

Space on bus limited to 20. Oxford non-drivers please call to reserve your ride asap so that we may offer remaining seats to others. Anyone welcome to carpool. Some house specialties include fish & chips, fried clams, shrimp & oysters, lobster rolls and more!

Price Alert: The average lobster roll in CT is \$30.00

Plan accordingly  Start Saving!
Sign ups begin 6/8 res 6/13 non res



FATHER'S DAY PARTY ON THE PATIO!

Thursday, June 15th 12:00-2:00

For all the Dads and Dad figures out there, this is the day we get to celebrate YOU!

We will provide a spread of delicious hefty hand-helds, coleslaw, potato salad and chocolate mousse cake for dessert!

We'll have music, lawn games, (power tools may be involved) and way too many DAD jokes!

Cost is \$10.00

Sign-ups begin 6/6 res 6/9 non res

Welcome

We are thrilled to welcome Ellen Fox to the Senior Center Staff as our new Transportation Coordinator! Ellen is a very sharp, conscientious and personable person who will see to it that our non-driving folks get where they need to go! Also, please join us in welcoming Peg Hamila to our team of drivers. Peg has already begun winning hearts and is a perfect addition to the transportation team!

A huge hearty welcome to Ellen and Peg!



GAMES & ACTIVITIES:

Left, Center, Right Game

Thursday, June 22th from 1:00-2:00

Win a free hot dog and lots of laughs!

Apples to Apples Game

Thursday, June 8th @ 1:00

It's anyone's guess! \$10 prize for winner!

BINGO!

Wed. June 7th & 28th from 1:00-3:00

Cost: \$2.00. Light refreshments will be served.

Please sign up and pay on the day of event.

BOCCE BALL

Bocce for all: M, W, F 9:00 AM May-Sept

Ladies: M & W 10:30

Ctr vs Town Hall Games beginning soon!

CENTER PROGRAMS

**Blood Pressure Checks Thursday, June 1st & 15th
from 10:45 – 12:45**

Sponsored by the Housatonic Valley Health District

HAIR BY DONNA June 6th & 27th 10:30- 2:00

\$10.00 haircuts in a private room at the center.

Call center for appointment. Pay Donna directly

Foot Clinic with Nurse April Marshall

Tues, June 13th Wed, June 21st 9:00-2:00

Please note: If you are a diabetic, a doctor's note will be needed.

Call center for appointment.

\$35.00 paid directly to April

Happy Hooker's Monthly Luncheon Monday,

June 19th Oxford House 12:00

Meet at the center at 11:30 am to carpool to **Oxford House** or meet at the restaurant at 11:45

LINE DANCING WITH GEORGE
COME OUT ON FRIDAY
AFTERNOONS AT 2:00 AS
GEORGE GET'S US MOVING TO
FAMILIAR GROUP DANCES AND
COUNTRY LINE DANCES AS
WELL!



Annie's Arts & Crafts

Ann Cummings continues to provide creative and fun projects for novice and experienced crafters!

Classes are limited to 20 participants.

June 12th Mosaic Foam Art 11:30

June 20th Patriotic Clothespin Wreath 1:00

June 26th Diamond Art Key Tags (1:00-3:00)

SIGN UP EARLY SPACES GO FAST!

Pastel Painting

1st & 3rd Tuesday of the month 1:00 – 2:30

Cost: \$10 per class. All supplies included.

Please pay Eilene directly.

Acrylic & Watercolor Painting

2nd & 4th Tuesday of the month- @ 1:00 Please

bring your own supplies and a project you are working on, and meet us in the main room at the Center.

Please register at front desk



**Hot Dog Thursdays June 1st, 8th 22nd, 29 @
12:00**

Joyce Niestemski will be grilling up her juicy Hummel's hot dogs for everyone to enjoy! Served with chips, drink & dessert for only **\$3.00!**

TEAM Lunch Program June 14th

11:30- TEAM Health Presentation: Diabetes

12:00- Potato crusted Pollock w tartar sauce, rice, spinach, cookie & juice

Center Café (Elaine Marcucio)

Wednesday, June 28th

- Crab Cakes served with coleslaw
- Turkey Club Sandwich

Cost \$8:00 Please call the center to reserve your meal by **June 23rd** (Pay Elaine day of meal)



CENTER EXERCISE CLASSES

Tai Chi with Diane Lewis will not take place until the fall See calendar for next dates

Poise & Posture and Latin Fusion will not take place in July & August

Flex, Fit & Fun with Bobbi

Mondays 10:30 – 11:15

\$2.00 per class Pay at desk

Yoga by Jeanne

Tuesdays 9:30 – 10:15

\$5.00 pay instructor

Chair Yoga with Joann

Wednesdays 9:30 – 10:15

\$5.00 per class. Pay instructor

Strength & Balance with Bobbi

Wednesdays @ 10:30

Cost: \$2.00 per class. Pay at front desk

Poise, Posture & Body Awareness with Gabby

Thursdays @ 9:00

Free class

Poise & Posture II (Intermediate Class)

Thursdays @ 10:00

Free class

Stepless Step Aerobics Fridays @ 11:00

Instructor **Deborah Mottram**

Mat Pilates Fridays @ 10:00

Instructor: **Helene Korchin.**

Cost: \$2.00 per class

Latin Fusion with Gabby - Fridays @ 9:00

Line Dancing with George - Fridays @ 2:00



SENIOR CENTER BUS TRIPS (Limit 20)

Bowling at Lessard Lanes Tues, June 13th

2-3 games w/ shoes, 18 hole mini golf, pizza lunch and drinks and transportation all included for only \$13.00! All levels of skill will have fun! Sign up now; we need 10 to go!

Depart center 9:30 return apx 1:30

Captains Cove Seaport: Wed June 21st

Sign up soon for our first trip out to welcome the summer weather at Black Rock's famous marina and restaurant.

Depart center 11:00 return apx 4:00

Coming in July August & September:

Return to Woodstock! Bethel, NY

Mystic Seaport and Aquarium

Ferry to Port Jefferson NY

Hudson River Fall Cruise

(Always open to suggestions!)

MOTOR COACH TRIPS & EXCURSIONS

Flyers for all trips are available at the center A minimum of 40 passengers needed to travel



Tuesday, July 25th

Cost : \$30.00pp

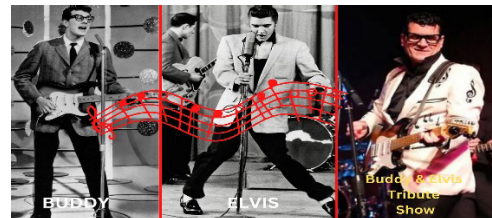
Depart: 8:00am Return Approx. 6:00pm

Sign up now!

Indian Princess

TRIP # 1- July 18th, 2023 SOLD OUT

TRIP # 2- July 20th, 2023 SOLD OUT



Buddy & Elvis Tribute Show

Wed. August 9th, 2023

Enjoy the beautiful views overlooking Mt Tom at the elegant Log Cabin Banquet Facility in Holyoke, MA. This fantastic tribute show will surely have you singing along!

Your choice of Twin Lobsters or Prime Rib. Hors D' Oeuvre's, Signature Bread, Clam Chowder, Baked Potato, Corn & Dessert, Coffee or Tea. PACKAGE INCLUDES: Round trip transportation, meal taxes and driver's gratuities. Please make meal selection with reservation

COST: \$127. PP

(\$20.00 deposit due with signup)

Bus Departs: 10:00 AM Returns 4:30 PM

WATERFIRE & NEWPORT GETAWAY

New Dates: Saturday, September 9-10th

"ATLANTIC CITY GETAWAY" October 10-12, 2023

Caesars Hotel - 3 Days/2 Nights –
With The Corvettes Doo Wop Review and Kenny & Dolly Tribute. Only \$298pp Double. \$288pp Triple. \$398pp Single. Travel Insurance available \$39 pp. \$20.00 deposit due with signup. Balance Due September 24, 2023. Package Includes: • Round Trip Deluxe Motor Coach • 2 Nights Accommodations at the CAESARS World Class Casino Resort Hotel • \$50.00 in SLOT BONUS! • \$50.00 in Meal Vouchers! • 2 Fantastic SHOWS #1 Cher Tribute Band & Special Guest #2 Kenny & Dolly Tribute straight from Vegas! • Hotel Baggage Handling • Occupancy Taxes & Driver's Gratuity. Bus Departs: 8:00 AM Returns Approx. 7 pm

CAMP LADORE- Waymart, PA

July 24-28 \$275pp Dbl \$391pp Single

Miniature golf course, bocce, shuffleboard, heated pool, hot tub, crafts, bingo, pedal cars, pontoon boat rides, paddleboats, fishing, zipline, canoeing, cornhole, pickleball, horseshoes, entertainment, line dancing, yoga, talent show, games, and much, much more! All meals are included!! Drive on own. Sign up now!



Reflections of Italy – Collette

October 9 – 18, 2023

Tours 10 Days 12 Meals
\$4199.00pp Dbl.

Alaskan Beauty: Glassier Cruise, Dome Train Scenic Mountain Trip & Northern Lights Tour- 2024

Caribbean & Bermuda Cruise-Landmark

April 7-19, 2024

Starting at \$2379pp Dbl. Stop in for the flyer!



"I want to travel the world, bringing home ugly little trinkets."

CAN YOU HELP?

**We are looking to tap into the talent of
any members who can help with the
following:**

- **Web Design**
- **Carpentry to build raised garden beds**

SENIOR CENTER TRANSPORTATION:

Senior Center – 203-881-5231 – Ext. 101 For Oxford residents (Seniors & Disabled) only. If you need a ride to a medical appointment, **Call Sandy Brown (Community Car) at 203-881-0406**. If the community car is not available, call the transportation line at 203-881-5231 xt 3101 only. Please do not leave messages on any other line, or call front desk unless you are cancelling day of your scheduled ride. Rides must be scheduled 7 business days in advance. Scheduling hours: 8:30 AM 12:00 PM Voicemail after hours & weekends will be checked the next business day. **ANY SAME DAY CANCELLATIONS – PLEASE DO NOT** leave a voicemail – call extension "0".

- **Grocery Shopping-Tuesdays 9:30-12:00**
Market 32, ShopRite or Walmart Please call to schedule a ride for shopping.

Municipal Agent News

Hi Everyone!

Welcome Summer!

We are all ready for summer weather and all the beautiful warm days that come with it. Summer is a gorgeous time of year to get out and enjoy picnics, long walks, enjoying the company of friends that you don't see quite as often during the winter. We can't forget the beautiful flowers that make up our colorful landscape in our yards and gardens. Enjoy the beauty of the season!

The Department of Health and Human Services notified us that they have an important message from Medicare concerning the Medicare Savings Program. Most people pay \$165. A month for Medicare unless you are on the Medicare Savings Plan then you pay \$0 and receive other perks.

If you have received your annual redetermination letter in the mail, please fill it out and return it in the enclosed envelope that you received. This year they are doing a pilot mail program on a specified number of letters. Connecticut is one of the 5 states participating in this program. Not all recipients that are on the program are asked to participate in this pilot mail program. If you are selected to participate, you will have one of the three versions being circulated. A symbol will appear in the bottom right corner of your letter. There will be a **STAR, SQUARE, or TRIANGLE**.

Each symbol has its own special meaning. A star means that you received a letter only, a square means that you received a letter and an application and a triangle means you received a letter and will receive a call from SHIP. They would like to monitor this program so please fill out where indicated which letter you received. Don't worry if yours doesn't have a symbol, just fill out your redetermination letter as usual.

I would like to wish everyone a very Happy Independence Day! Have a nice picnic with family and friends. Enjoy! Until next month...

Joanne M. Jelenik



Movie Matinee
Thursday, June 29th
The Bucket List PG-13
1 hr 3 min

Morgan Freeman and Jack
Nicholson star in this touching
uplifting movie that proves it's
never too late to live life to it's
fullest!





Jun 01 Mary Jane Gliford
 Jun 02 Iraida Torres
 Jun 02 Anthony Schultz
 Jun 04 Patricia Zuraw
 Jun 04 Bettina Velleco
 Jun 04 Jean Abbenante
 Jun 04 Arlene Nowak
 Jun 05 Linda Korsko
 Jun 05 Alfreda Pepe
 Jun 06 Andrea Molett
 Jun 06 Sharon Lenahan
 Jun 06 Alice Dee Cupole
 Jun 06 Loretta Arcuri
 Jun 06 Sheryl Fritz
 Jun 06 Noreen Woodin
 Jun 07 Joyce Bulinski
 Jun 07 Raymond Bresson
 Jun 07 Mark Gomez
 Jun 07 Cathy Becker
 Jun 08 Brigitte Crowe
 Jun 08 Mary Texira
 Jun 08 Cynthia Campbell
 Jun 08 Frank Tyszka
 Jun 08 Thomas Barker
 Jun 09 Herb Stocking
 Jun 10 Alice Kroll
 Jun 11 Dave Rado
 Jun 11 Christina Scappini
 Jun 12 Jan Mudry
 Jun 12 John Hall
 Jun 12 Betsy Epstein
 Jun 14 Gene Schenck

Jun 16 Wendy Cimelus
 Jun 17 Pat Hluska
 Jun 18 Robert Kezelevich
 Jun 18 Marcia Wright
 Jun 18 John Savage
 Jun 19 Mary Pinciario
 Jun 19 Chevelle Shipman
 Jun 20 Gladys Sheehan
 Jun 21 Margaret Carvalho
 Jun 21 Donald Sosnovich
 Jun 22 Candi Calcandy
 Jun 23 Linda Zibluk
 Jun 23 Edith Albanesi
 Jun 23 Betsy Collins
 Jun 24 Louis Mazzucco
 Jun 24 Carolyn Finch
 Jun 25 Alice Bertola
 Jun 26 Janet Konicki
 Jun 26 Thomas Sepot
 Jun 26 Betty Tuccio
 Jun 27 Barbara Carlson
 Jun 27 Ann Wallace
 Jun 27 Jackie Russo
 Jun 28 Joyce Niestemski
 Jun 29 Roy Threath
 Jun 29 Lee Canning
 Jun 30 Donna Chop
 Jun 30 Kristyn Rosa



SUNSHINE UPDATES

If you want someone to be remembered, please call the center and leave a message for Laura Pizone. She will send a card from the Oxford Senior Center. Keep in your prayers Loretta Ward, Phil Guilmette, Kay Marino, Maurice Gerb, Ellie Hoffman, Sue Jamroz, Grace Mele, Ellen Preneta, Bob Kezelevich, Helen Curtis, Ann Marie Geffert, Betsy Epstein, Ed Rowland Tom Giacchi