



Oxford Senior Center Newsletter

March/April 2024 Edition

10 Old Church Road, Oxford CT.

Hours: Monday– Thursday 9am-4pm

Fridays– 9am-3pm

203-881-5231

www.oxford-ct.gov



A Message from your Director.....

Spring is in the air and we are embarking on great things happening at the Center....As I continue to settle in here at the Senior Center I have gained great insight into the desires and needs of the members of Oxford and surroundings communities and I have heard your voices ... We are charging into Springtime with the ideas of blending wellness, education and socialization, vital components of aging well with quality of life. Please keep an eye out for the much anticipated return of trips and travel being offered at the center . Spring means hope and promise to us all as we emerge from the dark and cold days of the wintertime. We will emerge with a fresh new prospective for the future. I will continue to have our open forums monthly so I can hear all that you have to share and answer some of your most asked questions.

As always my door is always open.

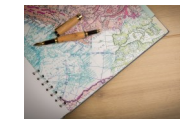
All my Best,
Sandy



Coming Soon!!! Announcements for Trips and Travel



Interested in learning
Setback join us Thursdays
at 9:30 am at the center...



INTERESTED IN LEARNING THE GAME OF Mahjong??

**Come Join us for Beginner Mahjong
Lessonswith Carol Broessler in April**

Learn to play this popular game in 3 (2hr) sessions. Must attend all 3 session
April 3rd, 10th and 17th 1-3 at the center

Cost: \$30 each– We need a minimum of 10 students for the event to run...
Please sign up at the Senior Center—Please make check payable to The Oxford
Senior Center. Deadline for sig-up is March 25th.



Bowling



Calling all BOWLERS!!!! If you are
interested in being a part of the Oxford Senior
Center Bowlers please sign up at the front desk
more information to come...

WHO'S WHO at the center.....

Director of Senior Services/ Municipal Agent:
Sandy Arburr: Extension 3104

Assistant Director :
Sue Kovacs: Extension 3103

Transportation Coordinator:
Kim Mitchell

Drivers: Peg Hamila, Joe Bongiorno and Lance Kruger,
Michael Alberti

Come share your thoughts...

COFFEE & CONVERSATION WITH SANDY

Will be held Monday March 18th at 10am
and Monday April 22nd at 10am.
Come grab a cup of coffee and spend some
time discussing positive vibes and future
plans for the center in 2024!!!



Please note the following holiday closings:

Good Friday, Friday March 29th

March 2024 Special Happenings

St. Patrick's Shamrock Stained Glass Art

Date: Tuesday, March 12th
Time: 1:00
Cost: \$2
Sign up March 1st
Please reserve your spot for this class
Class Limited to 20 people.



Tech support with Jessica

WHEN: March 13th & 27th
Jessica will be available from 1-3 pm to tackle your tech problems.. Please bring all devices, passwords etc. so that Jessica can assist you with your questions.

Sign up at the front desk for these workshops.



St. Patrick's Day Celebration

Come join us to celebrate St. Patrick's Day with a traditional meal of Corned Beef and Cabbage catered by Mattei's. .
Time: 12-1
Cost: \$15 per person
Sign up for this event at the Senior Center beginning March 1st. Deadline March 11th.



Acoustic Guitar by Tom Ardise

Bobbi's Back....

Bobbi is returning March 4th for her Strength and Balance and Flex and Fit classes at the center...
See the Exercise section for details of these offerings.



New

Friday mornings at 9:15
Join us for a beginners VIDEO Zumba on the BIG SCREEN.
Free of charge— join your friends for a healthy start to the weekend!!



Rescheduled



VALENTINES DAY SWEETHEART LUNCH

Tuesday, March 5th— 12-1 Same wonderful Party.... A different day....
This event is closed out.... For informational purposes only.



The History of Pysanky

With Father Paul Luniw of St. Michael's Ukranian Catholic Church Terryville CT.

1:00 Friday, March 15th—Join us for a demonstration of the Art of Pysanky while we are taught the deep historical and cultural tradition of these beautiful masterpieces....

Sign up at the front desk for this exciting cultural event.
This is a FREE event brought to you by The Elderly Commission.



Tuesday March 26th join us at the center for "Diabetes 101" an educational event hosted by the Lion's Club featuring Mary Swansiger of Griffin Faculty Physicians..
Healthy snacks will be provided by the Oxford Lion's Club and a light lunch will be provided by the Elderly Commission following the event.

This is a FREE event— Please sign up at the Senior Center by March 21st.

SPRING WORD SCRAMBLE

SPRING

WORD SCRAMBLE

OLBMO _____

YMA _____

RGEDNA _____

TEUFYRLTB _____

EFOLRW _____

ARNI _____

LMUEBRAL _____

SISNHNEU _____

RMHCA _____

IBDR _____

LIARP _____

UPLDDE _____



SRASG _____

OSMLSOB _____

NTSE _____

Chevron Lemon | www.chevronlemon.com | For personal use only

April 2024

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
9:30 Chair Yoga w/ Jeanne 10:30 Flex & Fit w/ Bobbi 12:30 Mahjong 1:00 Happy Hookers	Quarry Walk Shopping 9:30 Yoga w/ Jeanne 10:15-10:45 Indoor Walking 10:30 Hair By Donna 11:00 Special Breakfast 1:00 Pastel Painting 2:00 Joy of Music	10:30 Strength & Balance w/ Bobbi 1:00 BINGO 1-3 Mahjong Class 1:00 Quilting Guild	9:30 Setback 10:00 Indoor Walking 10-12 Blood Pressure Clinic 12:00 Hot Dog Lunch 1:00 Ladies Poker	9:15 Beginner Zumba 10:00 Mat Pilates 11:00 Stepless Step & Body Sculpt 11:00 Men’s Poker 12:00 Pinochle
8	9	10	11	12
9:30 Chair Yoga w/ Jeanne 10:30 Flex & Fit w/ Bobbi 12:30 Mahjong 1:00 Happy Hookers	Quarry Walk Shopping 9:00 Dancing Feet 9:30 Yoga w/ Jeanne 10:30 Indoor Walking 12:00 Sloppy Joe Tuesday 1:00 Acrylic Watercolors 2:00 Joy of Music	10:30 Strength & Balance w/ Bobbi 11:30 Bell Choir 1-3 Mahjong Class 1:00 Quilting Guild 1:00 Apples to Apples 1-3 Tech W/ Jessica	9:30 Setback 10:00 Indoor Walking 12:00 Hot Dog Lunch 1:00 Ladies Poker	9:15 Beginner Zumba 10:00 Mat Pilates 11:00 Stepless Step & Body Sculpt 11:00 Men’s Poker 12:00 Pinochle
15	16	17	18	19
9:30 Chair Yoga w/ Jeanne 10:30 Flex & Fit w/ Bobbi 12:30 Mahjong 12:00 Hookers Lunch 1:00 Happy Hookers	Quarry Walk Shopping 9:30 Yoga w/ Jeanne 10:30 Indoor Walking 1:00 Pastel Painting 1:00 Diamond Art 2:00 Joy of Music	9:00 Dancing Feet 10:30 Strength & Balance w/ Bobbi 1:00 BINGO 1-3 Mahjong Class 1:00 Quilting Guild	9:30 Setback 9:30 Indoor Walking 10-12 Blood Pressure Clinic 12:00 Hot Dog Lunch 1:00 Ladies Poker	9:15 Beginner Zumba 10:00 Mat Pilates 11:00 Stepless Step & Body Sculpt 11:00 Men’s Poker 12:00 Pinochle
22	23	24	25	26
9:30 Chair Yoga w/ Jeanne 10:00 Coffee w/Sandy 10:30 Flex & Fit w/ Bobbi 12:00 Light Brunch 12:30 Mahjong 1:00 Happy Hookers	Quarry Walk Shopping 9:30 Yoga w/ Jeanne 10:30 Indoor Walking 10:30 Hair By Donna 1:00 Acrylic watercolors 2:00 Joy of Music	9:00 Dancing Feet 10:30 Strength & Balance w/ Bobbi 11:30 Bell Choir 1-3 Tech w/ Jessica 1:00 Left Right Center 1:00 Quilting Guild	9:30 Setback 10:00 Indoor Walking 12:00 Hot Dog Lunch 1:00 Ladies Poker	9:15 Beginner Zumba 10:00 Mat Pilates 11:00 Stepless Step & Body Sculpt 11:00 Men’s Poker 12:00 Pinochle
29	30			
9:30 Chair Yoga w/ Jeanne 10:30 Flex & Fit w/ Bobbi 12:30 Mahjong 1:00 Happy Hookers	Walmart Shopping 9:30 Yoga w/ Jeanne 10:00 Indoor Walking 1:00 Herb Garden Craft 2:00 Joy of Music			

April 2024 Special Happenings

French Toast Breakfast

Brought to you by The Elderly Commission
Date: Tuesday April 2nd
Time: 11am
MENU: French Toast casserole served with Scrambled Eggs, Sausage, Fruit and your choice of Coffee or Tea... \$ 5 per person.

Sign up begins
March 11th for Oxford residents
March 14th for general membership
Deadline for sign up March 28th.
25 person limit for this event....



Tech support with Jessica

WHEN: April 10th and 24th!!!
Jessica will be available from 1-3 pm on April 10th and 24th to tackle your tech problems.. Please bring all devices, passwords etc. so that Jessica can assist you with your questions.

Sign up at the front desk for these workshops.



INTERESTED IN LEARNING THE GAME OF Mahjong??

Come Join us for Beginner Mahjong Lessonswith Carol Broessler in April

Learn to play this popular game in 3 (2hr) sessions. Must attend all 3 session April 3rd, 10th and 17th 1-3 at the center

Cost: \$30 each– Need a minimum of 10 students for the event to run...
Please sign up at the Senior Center—Please make check payable to The Oxford Senior Center. Deadline for sig-up is March 25th.
The cost includes 3—2 hour sessions with instruction and Mahjong cards.

Sloppy Joe Tuesday

Brought to you by The Elderly Commission
Tuesday April 9th
Time: 12 noon
Cost: \$6
Menu: Sloppy Joe’s with Coleslaw & Dessert...



Sign up begins
March 11th for Oxford residents
March 14th for general membership
Deadline for sign up March 28th.
25 person limit for this event....

Spring Craft Hour



Diamond Art is BACK....



SPRINGTIME DIAMOND ART PROJECT

“ Butterfly Garden Stakes”

Date: Tuesday April 16th |
Time: 1:00pm
Cost: \$2 per person
Sign-up at the Front desk beginning March 21st– deadline April 11th (class limit 20)

Light Brunch

Brought to you by The Elderly Commission
Monday April 22nd
Time: 12 noon
Cost: \$5 per person
Menu: Bagels, Scrambled eggs, sausage and fruit...



Sign up begins
March 11th for Oxford residents
March 14th for general membership
Deadline for sign up March 28th.
25 person limit for this event....

Herb Garden Class

Sow your Seeds

Date: Tuesday, April 30th
Time-1pm-3pm
Instructor: Sandy
Cost: \$10 (Includes ceramic planter , seeds, soil and garden gloves)
THOSE WHO LOVE TO GARDEN ARE INVITED TO JOIN US TO PLAY IN THE DIRT AND CREATE A CULINARY MASTEPEICE HERB GARDEN!!!
Deadline for sign up April 24th



Weekly Exercise Classes offered

Please note: Proper footwear is required for all exercise classes that require footwear. NO SANDALS/FLIP FLOPS OR OPEN TOED SHOES ARE ALLOWED. THANK YOU.



Please be courteous and refrain from entering the main hall during exercise programs... Thank you!!

Flex, Fit, Fun & Weights Mondays @ 10:30

Join Certified Fitness Instructor Bobbi Komaromi for a 45-minute fun filled class that will leave you feeling happy, healthy and renewed! This class incorporates weights, bands, balls and balance! All levels welcome, work at your own pace!



Yoga with Jeanne/ Chair Yoga with Jeanne

Yoga- Tuesdays at 9:30 Chair Yoga Mondays at 9:15

Join Jeanne for a relaxing, rejuvenating Yoga class. Yoga is known to increase flexibility, decrease stress, relax the mind, as well as alleviate chronic pain. Cost of class is \$5 and paid to instructor at time of class.

Strength & Balance with Bobbi with weights

Wednesdays @ 10:30

This is a fun filled musical class that combines stretching and fitness variations, as well as low impact cardio moves to burn calories and improve balance. Join us for a good time and a great workout!

BOBBI WILL BE RETURNING MARCH 4TH!!



EXERCISE CLASSES

Cost: \$2.00 per class Unless otherwise indicated

Mat Pilates Fridays @ 10:00

Instructor: Helene Korchin. Gentle, low-impact, yet serious strength workout that research shows can help ease low back pain, reduce body fat, improve flexibility, and increase core body muscles. The method is based on modern principles of exercise science and rehabilitation. Please bring your own mat.

Stepless Step and Body Sculpt Friday's@ 11:00am

"Stepless Step" Aerobic Class and Body Sculpting is a combined cardio and strengthening workout but without the classic step platform. In this class, you will perform the same moves as conventional step aerobics on a marked floor pattern. Body Sculpting, using light weights, follow the aerobic portion of the class to help strengthen and tone, providing a complete and balanced workout.

NEW

Friday's at 9:15 join us in the main hall for a 1/2 hr BEGINNERS ZUMBA on the BIG screen!!!

March 2024

Mon	Tue	Wed	Thu	Fri
				1
				9:15 Beginner Zumba 10:00 Mat Pilates 11:00 Stepless Step & Body Sculpt 11:00 Men's Poker 12:00 Pinochle
4	5	6	7	8
9:30 Chair Yoga w/ Jeanne 10:30 Flex & Fit w/ Bobbi 12:30 Mahjong 1:00 Happy Hookers	Quarry Walk Shopping 9:30 Yoga w/ Jeanne 10:15-11 Indoor Walking 10:30 Hair By Donna 12 Sweethearts Lunch 1:00 Pastel Painting 2:00 Joy of Music	10:30 Strength & Balance w/ Bobbi 1:00 BINGO 1:00 Quilting Guild	9:30 Setback 10:00 Indoor Walking 10-12 Blood Pressure Clinic 12:00 Hot Dog Lunch 1:00 Ladies Poker	9:15 Beginner Zumba 10:00 Mat Pilates 11:00 Stepless Step & Body Sculpt 11:00 Men's Poker 12:00 Pinochle
11	12	13	14	15
9:30 Chair Yoga w/ Jeanne 10:30 Flex & Fit w/ Bobbi 12:30 Mahjong 1:00 Happy Hookers	Quarry Walk Shopping 9:00 Dancing Feet 9:30 Elderly Commission 9:30 Yoga w/ Jeanne 10:30 Indoor Walking 1:00 Stained Glass Craft 1:00 Acrylic Watercolor 2:00 Joy of Music	10:30 Strength & Balance w/ Bobbi 11:30 Bell Choir 1:00 Apples to Apples 1-3 Tech w/ Jessica 1:00 Quilting Guild	9:30 Setback 9:30 Indoor Walking 12:00 St. Patrick's Celebration Lunch 1:00 Ladies Poker	9:15 Beginner Zumba 10:00 Mat Pilates 11:00 Stepless Step & Body Sculpt 11:00 Men's Poker 12:00 Pinochle 1:00 Pysanky Event
18	19	20	21	22
9:30 Chair Yoga w/ Jeanne 10:00 Coffee w/ Sandy 10:30 Flex & Fit w/ Bobbi 12:30 Mahjong 12:00 Hookers Lunch 1:00 Happy Hookers	Quarry Walk Shopping 9:30 Yoga w/ Jeanne 10:30 Indoor Walking 1:00 Pastel Painting 2:00 Joy of Music	9:00 Dancing Feet 10:30 Strength & Balance w/ Bobbi 1:00 BINGO 1:00 Quilting Guild	9:30 Setback 10-12 Blood Pressure Clinic 10- Indoor Walking 12:00 Hot Dog Lunch 1:00 Ladies Poker	9:15 Beginner Zumba 10:00 Mat Pilates 11:00 Stepless Step & Body Sculpt 11:00 Men's Poker 12:00 Pinochle
25	26	27	28	29
9:30 No Chair Yoga w/ Jeanne 10:30 Flex & Fit w/ Bobbi 12:30 Mahjong 1:00 Happy Hookers	Walmart Shopping 9:30 No Yoga w/ Jeanne 10:00 Indoor Walking 10:30 Hair By Donna 11:30-12:30 Diabetes 101 1:00 Acrylic Watercolor 2:00 Joy of Music	10:30 Strength & Balance w/ Bobbi 11:30 Bell Choir 1:00 Left/ Right/ Center 1-3 Tech w/ Jessica 1:00 Quilting Guild	9:30 Setback 10:00 Indoor Walking 12:00 Hot Dog Lunch and Monthly Birthday Party 1:00 Ladies Poker	Good Friday Holiday CENTER CLOSED



PROACTIVE HEALTH CARE @ TOWN OF OXFORD TOWN HALL Main Meeting Room, 486 Oxford Road, Oxford Thursday, March 7, 2024 from 10:00am-4:00pm

20-min non-invasive circulation test providing a clear picture of your cardiovascular health

Real-time results and recommendations

Clinicians will be onsite to offer this valuable test to all and family members

Insurance accepted

The following insurances will be accepted: Connecticare, Anthem, BCBS, Wellcare, UnitedHealthcare, Oxford, UMR, Cigna, Stirling Benefits, CT Medicaid (Husky), & Government Medicare (Part B)

****Kindly be aware that a Cash Price of \$100.00 (Seniors 65+ is \$50.00) is available for individuals whose insurance is not included in the list above, yet still wish to undergo the test.**

Register at the link information below:

<https://www.signupgenius.com/go/10C0844AEA72DA3FCCE9-47059895-town>

To learn more about the test, please see the attached flyer or visit their website at <https://www.pulse4pulse.com/>

MONTHLY HAPPENINGS

Foot Clinic 2ND TUESDAY & 3RD WEDNESDAY

Make an appointment with April to have your toe nails trimmed, filed and cleaned, reduction of thickened nails, smoothing of corns and callouses, massaging, applying lotion and powdering of feet. Skin cancer assessment along with general assessment of feet and lower legs by a specially trained registered nurse working with Dancing Feet LLC. **If you are diabetic, a doctor's note will be needed.** Pedi-Care fee is \$35 for a half hour visit and is not covered by insurance. Please make checks payable to DANCING FEET LLC.

Call 203-881-5231 now to schedule your appointment.



HOT DOG THURSDAYS

Joyce Niestemski & Friends.... will be cooking Hummel hot dogs for everyone to enjoy! Chips, drink & dessert will complete your meal.

Cost: \$3.00pp

Please note that Hot Dogs are not served on days of Special Luncheons.



Blood Pressure Clinic
10am-12pm 1st and 3rd
Thursday's of the month

Hair By Donna

Haircuts available at the Senior Center- Call to schedule your appointment. Payment to Donna directly.

Haircuts are \$10 each
1ST AND 4TH TUESDAY'S



Bingo is held the 1st
and 3rd Wednesdays

Left/Right/Center

4th Wednesday 1:00PM (main hall)

Apples to Apples

2nd Wednesday 1:00
(library)

Setback

Thursday's 9:30(library)

Billiards- Mon-Friday 9-4 (billiard room)

Bocce- Mon/Wed/Fri at 9am(weather
Permitting)

Happy Hookers Mondays at 1:00(main hall)

Indoor Walking-Tuesdays 10:30 & Thursdays 10:00 (main hall)

Ladies Poker- Thursdays 1:00(poker room)

Mahjong- Mondays 12:30(poker room/library)

Men's Poker- Fridays 11 am(poker room)

Pinochle- Fridays 12:00 (library)

Quilting Guild Wednesdays 1:00(Craft/Quilt rm)

Hookers Luncheon 3rd Monday of the month



The Joy of Music with Peter and Marion Van Ness Classes Tuesdays at 2:00 PM

Due to its wild popularity, we will continue this exciting experience where participants enjoy music by learning to play simple tunes on a keyboard (e.g., piano), or a flute (e.g., recorder). Accompaniment of these tunes by percussive instruments like drums will be explored if requested. Also, elements of music theory will be introduced as needed for participants to play more advanced pieces. Finally, the instructors will play keyboard and flute music to assist participants with identifying rhythmic patterns and to introduce them to the joy of ensemble playing. Please join us!

Pastel Painting

1st & 3rd Tuesday of the month 1:00 – 2:30 (Computer Room)

Instructor: Eileen Smith

All levels of expertise are welcome. Try something different, expand your mind and enjoy a relaxing hobby. Cost: \$10 per class. All supplies included. Please pay instructor directly. **PLEASE REGISTER AT THE FRONT DESK**

Acrylic Watercolor

2nd and 4th Tuesday of the month at 1:00

Please bring your own supplies and current project and join us in the computer room at the center.

PLEASE REGISTER AT THE FRONT DESK



**BELL CHOIR-Meets the 2nd and 4th
Wednesday's of the month 11:30am-12pm in
the Center library. Call Lois Ercoli at
203-758-1087 for more information.**

SENIOR CENTER INFORMATION

Membership

Please take note in order to participate in any of our activities at the center, you must be a member. *Oxford Residents \$10 annual -Out of Towners \$20 annual. If you are an oxford resident and aged 80 or over membership is FREE!*
NEW!! Veterans are FREE!!!



WINTER WEATHER POLICY



On days of inclement weather, if Oxford Schools are closed, there will be NO transportation and NO scheduled classes or programs at the center. The Senior Center will remain open unless we are advised to close by Town Hall. Call ahead before heading out. Watch WFSB, Channel 3, Eyewitness News

SUNSHINE UPDATES



If you want someone to be remembered, please call the Senior Center and leave a message for Laura Pizone. She will send well wishes from the Oxford Senior Center membership.

TRANSPORTATION SERVICES

****If you need a ride to a medical appointment, call Sandy Brown (Community Car) at 203-881-0406. If the Community Car is not available, call the Oxford Senior Center.**

DIAL –A-RIDE TRANSPORTATION:

Senior Center – 203-881-5231 – Ext. 3101

For Oxford residents (Seniors & Disabled) only. **We will do our best to accommodate you, but time, destination and vehicle availability may affect our ability to meet your needs.**

*Our free transportation service is available for Oxford residents over the age of 60 or disabled adult residents who **ARE UNABLE** to drive and do not have a family member available to drive them. We have 2 handicap accessible vehicles and can provide rides for medical appointments, shopping, and other needs (subject to availability).*

We offer transportation services Monday - Thursday with scheduled pick-up times beginning at 9:00 am and the last available pick-up time at approx. 3:30 pm. (depending on area)

Rides must be requested 7 business days in advance by calling the transportation line at 203-881-5231 x 3101 or emailing transport@oxford-ct.gov. Please leave a detailed message with your name, phone number and email address, the date and time of your appointment, destination with address and if you require a handicap accessible vehicle.

Grocery Shopping Tuesdays: 9:30 am - 12:00 pm. Market 32or Walmart. Limit your purchases to five bags. Please note: Pick up times are approximate within fifteen minutes. **We appreciate your patience as we try to accommodate many riders.**

PLEASE DO NOT LEAVE ANY SAME DAY CANCELLATIONS ON THE TRANSPORTATION LINE- DIAL "O" FOR THE CENTER RECEPTIONIST. A big WELCOME to Kim Mitchell our New Transportation Coordinator!!!!

The Elderly Commission Meets the 2nd Tuesday monthly at 9:30

Happy Birthday to our March and April babies If your birthday falls during the month and you would like to enter our birthday drawing, please call the center and leave us your name and phone number. At the monthly birthday celebration one name will be pulled and the lucky winner will receive a \$10.00 check in the mail! We will notify the winner!

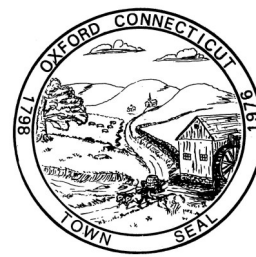
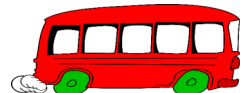


SENIOR CENTER TRAVEL

OUR "NEW" TRAVEL OFFERINGS ARE CURRENTLY ON HOLD WHILE WE ARE IN TRANSITION. We thank you for your patience!! KEEP AND EYE OUT NEW TRIPS AND TRAVEL coming soon !!



FOR



COMMUNITY RESOURCES NEWS....

What is a MUNICIPAL AGENT????

Please call the center at 203-881-5231 for any inquiries on resources within our area...

Municipal Agent: Sandra Arburr,
Senior Services Director

Applications are currently being accepted for the 2023-2024 heating season

IMPORTANT DATES TO REMEMBER

ENERGY ASSISTANCE PROGRAM



April 1st, 2024, Deadline for fuel authorizations or deliveries

May 31st, 2024, The last day that a household can apply to establish its eligibility for benefits

June 17th, 2024, Last day to submit deliverable fuel bills

APPLICATIONS AVAILABLE AT THE SENIOR CENTER. Call for details!



PRESCRIPTION DRUG DISCOUNT CARD

It takes minutes to sign up for free and get this card on your phone. Use it at 98% of pharmacies in the State to save up to 20% on name-brand drugs and up to 80% on generic drugs.

This digital card can be used in place of insurance, making it useful if you have a high deductible, are underinsured, or your plan does not cover a particular prescription drug.

Visit ArrayRxCard.com to search for your prescription!

ArrayRx is...

- ✓ **FREE** to join
- ✓ Accepted at 98% of CT pharmacies
- ✓ Sponsored by the State of CT
- ✓ Going to save YOU money!
- ✓ Available at ArrayRxCard.com

ArrayRx



Renters Rebate Program

If you are 65 or older or totally disabled and your annual income is \$43,800 or less if single, and \$53,400 or less if married, you are eligible for a rebate from the State of Connecticut. The filing period is April 1 - October 1, 2024. For information regarding the Renter's Rebate Program or if you would like to apply for the program, contact the Assessor's Office at Town Hall. The Assessor's Office can be reached at 203-888-2543 extension 3068 Monday thru Thursday 9:00 am - 5:00 pm and Friday's 8:00am-4:00pm

